

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

CALENDAR
2020

عَدَّةٌ مِنْ أَصْحَابِنَا عَنْ سَهْلِ بْنِ زِيَادٍ عَنْ عَلِيِّ بْنِ أَصْبَاطٍ عَنْ أَبِي الْحَسَنِ الرِّضَا
(عليه السلام) أَنَّ أَمِيرَ الْمُؤْمِنِينَ (صلوات الله عليه) كَانَ يَقُولُ طَوْبِي لِمَنْ أَخْلَصَ لِلَّهِ الْعِبَادَةَ وَالْدُّعَاءَ
وَلَمْ يَشْغَلْ قَلْبُهُ بِمَا تَرَى عَيْنَاهُ وَلَمْ يَنْسَ ذِكْرَ اللَّهِ بِمَا تَسْمَعُ أذْناهُ وَلَمْ يَخْزَنْ صَدْرُهُ بِمَا أُعْطِيَ غَيْرُهُ.

Abu Al-Hassan Al-Reza^{asws} has reported that
Amir Al-Momineen^{asws} was saying:

**'Blessed is he who is sincere to Allah^{azwj} in the worship and
the supplication(s), and does not distract his heart with
what his eyes see, and he does not forget the
Remembrance of Allah^{azwj} with what his ears hear, and
whose chest does not grieve for what is Granted to others'.**

فَقَامَ رَجُلٌ فَقَالَ: يَا أَمِيرَ الْمُؤْمِنِينَ، حَدِّثْنَا عَنْ الْفِتَنِ. فَقَالَ عَلَيْهِ السَّلَامُ: إِنْ الْفِتْنُ إِذَا أَقْبَلَتْ شَبِهَتْ
وَإِذَا أَدْبَرَتْ أَصْفَرَتْ. وَإِنَّ الْفِتْنَ لَهَا مَوْجٌ كَمَوْجِ الْبَحْرِ وَإِعْصَارٌ كِإِعْصَارِ الرِّيحِ، تَصِيبُ بِلْدًا وَتَخْطُبُ
الْآخَرَ. فَانْظُرُوا أَقْوَامًا كَانُوا أَصْحَابَ الرِّايَاتِ يَوْمَ بَدْرٍ فَانْصَرَوْهُمْ وَتَنَصَرُوا وَتَوَجَّرُوا وَتَعَذَّرُوا.

When asked about 'Fitna' (strife):
'Amir-ul-Momineen^{asws} said:

**'Fitna' when it comes, places you in doubt, and when it
goes away it becomes obvious (it left behind its
disastrous effects). And the 'Fitna' has waves for it like
the waves of the sea and gusts like the gusts of the
wind (hurricane), affecting one country and leaving
another.....**

The Book of Sulaym Bin Qays Al-Hilali, Hadith 17



JANUARY – 2020

Jamadi'ul Awwal / Jamadi'ul Thani 1441

Mon	Islamic	Tue	Islamic	Wed	Islamic	Thu	Islamic	Fri	Islamic	Sat	Islamic	Sun	Islamic
				1	5	2	6	3	7	4	8	5	9
6	10	7	11	8	12	9	13	10	14	11	15	12	16
13	17	14	18	15	19	16	20	17	21	18	22	19	23
20	24	21	25	22	26	23	27	24	28	25	29	26	30
27	J- Thani	28	2	29	3	30	4	31	5				

15 Shahadat Bint-e-Rasool Allah ^{asws} Syeda tu Nisa il Alameen ^{asws}

Seasons' Effect on Health and Lifestyle

Imam Ali Reza ^{asws} wrote (in response to Mamoon Rashid's request for diet during the months of the year): The human body is like fertile land, it should be watered regularly so that it neither dries out nor gets flooded with water, as balance is required in accordance with time of the year and weather conditions. When properly looked after, its vegetation lasts and its yield increases and its plantation grows, but if neglected its branches become pale and plants stop producing fruits/herbs. The human body resembles soil/plants in this respect, if looked after with a balanced diet (as per weather conditions); the body remains healthy, strong and endures well with age. For those living in Mashhad-Iran - but are very much applicable for the Northern Hemisphere).

Imam ^{asws} says: In January, mucus starts to hurt.

Recommended: Taking hot water on empty stomach, hot vegetables like the celery and the watercress and the leek, to enter the bath-house at the beginning of the day and the massaging with oils.

Avoid: Sweets, the soft fish and thick dairy products.

(Page 3) طب الرضاعة الرسالة الذهبية، باب نوادر ما يتعلّق بأبواب الأطعمة المُباحة Volume 16 Page 455 مستدرک الوسائل Volume 59 Page 305، بحار الأنوار – الرسالة المذهبية المعروفة بالذهبية)

Prayer Times for Gt. London (BST)

Jan	Fajar	Sunrise	Zuharain	Sunset	Maghrabain
1	06:36	08:06	12:04	16:02	16:21
3	06:36	08:06	12:05	16:04	16:23
5	06:36	08:06	12:06	16:06	16:25
7	06:35	08:05	12:07	16:09	16:28
9	06:34	08:04	12:08	16:12	16:31
11	06:33	08:03	12:08	16:14	16:33
13	06:31	08:01	12:09	16:17	16:36
15	06:30	08:00	12:10	16:20	16:39
17	06:28	07:58	12:11	16:24	16:43
19	06:26	07:56	12:11	16:27	16:46
21	06:24	07:54	12:12	16:30	16:49
23	06:22	07:52	12:13	16:34	16:53
25	06:19	07:49	12:13	16:37	16:56
27	06:17	07:47	12:14	16:41	17:00
29	06:14	07:44	12:14	16:44	17:03
31	06:11	07:41	12:14	16:48	17:07

 Qamar dar Aqrab:

18:22 January-17 to 22:42 January-19

 **Lunar Eclipse : Jan 10 2020 @ 17:07 to 21:13 BST**

FEBRUARY – 2020

Jamadi'ul Thani / Rajab 1441

Mon	Islamic	Tue	Islamic	Wed	Islamic	Thu	Islamic	Fri	Islamic	Sat	Islamic	Sun	Islamic
										1	6	2	7
3	8	4	9	5	10	6	11	7	12	8	13	9	14
10	15	11	16	12	17	13	18	14	19	15	20	16	21
17	22	18	23	19	24	20	25	21	26	22	27	23	28
24	29	25	Rajab	26	2	27	3	28	4	29	5		

13 Shahadat Bibi Ummul Baneen ^{asws}
 20 Zahoor Syeda tu Nisa il Alameen ^{asws}
 Rajab Zahoor Imam Muhammad Baqir ^{asws}
 3 Shahadat Imam Ali Naqi ^{asws}

Prayer Times for Gt. London (BST)

Feb	Fajar	Sunrise	Zuharain	Sunset	Maghrabain
1	06:09	07:39	12:14	16:49	17:08
3	06:06	07:36	12:14	16:53	17:12
5	06:03	07:33	12:15	16:57	17:16
7	06:00	07:30	12:15	17:00	17:19
9	05:56	07:26	12:15	17:04	17:23
11	05:53	07:23	12:15	17:08	17:27
13	05:49	07:19	12:15	17:11	17:30
15	05:45	07:15	12:15	17:15	17:34
17	05:41	07:11	12:15	17:19	17:38
19	05:37	07:07	12:14	17:22	17:41
21	05:33	07:03	12:14	17:26	17:45
23	05:29	06:59	12:14	17:29	17:48
25	05:25	06:55	12:14	17:33	17:52
27	05:21	06:51	12:14	17:37	17:56
28	05:17	06:47	12:13	17:40	17:59
29	05:15	06:45	12:13	17:41	18:00

Qamar dar Aqrab:
 00:39 February-14 to 04:08 February-16

Imam Ali Reza ^{asws} says: In February, the weather starts to become mild and plant growth starts with more rainfall. Blood cell production increases and cold/mucus start to decrease.

Recommended: Garlic, bird meat, fish, dried fruits, and exercise.

Avoid: Eating sweets (cut down on sugar).

MARCH – 2020

Rajab / Shaban 1441

Mon	Islamic	Tue	Islamic	Wed	Islamic	Thu	Islamic	Fri	Islamic	Sat	Islamic	Sun	Islamic
30	5	31	6									1	6
2	7	3	8	4	9	5	10	6	11	7	12	8	13
9	14	10	15	11	16	12	17	13	18	14	19	15	20
16	21	17	22	18	23	19	24	20	25	21	26	22	27
23	28	24	29	25	30	26	Shaban	27	2	28	3	29	4

Prayer Times for Gt. London (BST)

Mar	Fajar	Sunrise	Zuharain	Sunset	Maghrabain
1	05:14	06:44	12:13	17:42	18:01
3	05:10	06:40	12:12	17:45	18:04
5	05:06	06:36	12:12	17:49	18:08
7	05:01	06:31	12:11	17:52	18:11
9	04:57	06:27	12:11	17:56	18:15
11	04:52	06:22	12:10	17:59	18:18
13	04:48	06:18	12:10	18:03	18:22
15	04:43	06:13	12:09	18:06	18:25
17	04:39	06:09	12:09	18:10	18:29
19	04:34	06:04	12:08	18:13	18:32
21	04:30	06:00	12:08	18:16	18:35
23	04:25	05:55	12:07	18:20	18:39
25	04:20	05:50	12:06	18:23	18:42
27	04:16	05:46	12:06	18:26	18:45
29	05:11	06:41	13:05	19:30	19:49 C F
31	05:07	06:37	13:05	19:33	19:52

9	Zahoor Shehzada Ali Asghar ^{asws}	10	Zahoor Imam M. Taqi ^{asws}	13	Zahoor Mola Ali ^{asws}
22	Niyaz (Imam Jafar-e-Sadiq ^{asws})	25	Shahadat Imam Musa-e-Kazim ^{asws}	Day of Nauroz, 20 th March 04:00 GMT	
27	Eid-e-Mairaj	28	Safar Mola Hussain ^{asws} from Madina	Shaban	Zahoor Syeda Ummul Musaib ^{asws}
3	Zahoor Mola Hussain ^{asws}	4	Zahoor Mola Abbas ^{asws}	5	Zahoor Mola Sajjad ^{asws}

 Qamar dar Agrab:
09:29 March-12 to 11:10 March-14

Imam Ali Reza ^{asws} says: March is the first month of spring. Phlegm is suppressed and blood is revived.

Recommended: to have lean meat and (boiled/fried) half-cooked eggs. To walk in fields/parks, gentle exercise, blood extraction and cupping.

Avoid: intake of onions, garlic, sour pickles and sour (things).

APRIL – 2020

Shaban / Ramdhan-ul-Mubarak 1441

Mon	Islamic	Tue	Islamic	Wed	Islamic	Thu	Islamic	Fri	Islamic	Sat	Islamic	Sun	Islamic
				1	7	2	8	3	9	4	10	5	11
6	12	7	13	8	14	9	15	10	16	11	17	12	18
13	19	14	20	15	21	16	22	17	23	18	24	19	25
20	26	21	27	22	28	23	29	24	Month Ramdhan	25	2	26	3
27	4	28	5	29	6	30	7						

7 Zahoor Shehzada Qasim ^{asws}

11 Zahoor Shehzada Ali Akbar ^{asws}

15 Zahoor Imam-e-Zamana ^{asws}

Prayer Times for Gt. London (BST)

Apr	Fajar	Sunrise	Zuharain	Sunset	Maghrabain
1	05:04	06:34	13:04	19:35	19:54
3	05:00	06:30	13:04	19:38	19:57
5	04:55	06:25	13:03	19:41	20:00
7	04:51	06:21	13:03	19:45	20:04
9	04:47	06:17	13:02	19:48	20:07
11	04:42	06:12	13:01	19:51	20:10
13	04:38	06:08	13:01	19:55	20:14
15	04:33	06:03	13:00	19:58	20:17
17	04:29	05:59	13:00	20:01	20:20
19	04:25	05:55	13:00	20:05	20:24
21	04:21	05:51	12:59	20:08	20:27
23	04:17	05:47	12:59	20:11	20:30
25	04:13	05:43	12:59	20:15	20:34
27	04:09	05:39	12:58	20:18	20:37
29	04:05	05:35	12:58	20:21	20:40
30	04:03	05:33	12:58	20:23	20:42



Qamar dar Aqrab:

20:18 April-08 to 20:36 April-10

Imam Ali Reza ^{asws} says: Weather in April starts to warm up and Spring is more highlighted with refreshing mild-wind conditions.

Recommended: Grilled food and food that can be cooked with vinegar, wild-bird meat, to take an early morning bath, to put some oil on the body and use fragrances.

Avoid: Drinking water upon the empty stomach.

MAY – 2020

Ramadhan-ul-Mubarak / Shawwal 1441

Mon	Islamic	Tue	Islamic	Wed	Islamic	Thu	Islamic	Fri	Islamic	Sat	Islamic	Sun	Islamic
								1	8	2	9	3	10
4	11	5	12	6	13	7	14	8	15	9	16	10	17
11	18	12	19	13	20	14	21	15	22	16	23	17	14
18	25	19	26	20	27	21	28	22	29	23	30	24	Shawwal
25	2	26	3	27	4	28	5	29	6	30	7	31	8

10 Shahadat Syeda Malika tul Arab ^{asws}

19 Subh-e-Zarbat Amir-ul-Momineen ^{asws}

15 Zahoore Imam Hassan ^{asws}

21 Shahadat Amir-ul-Momineen ^{asws}

Shawwal Eid-ul-Fitar

Prayer Times for Gt. London (BST)

May	Fajar	Sunrise	Zuharain	Sunset	Maghrabain
1	04:01	05:31	12:58	20:25	20:44
3	03:57	05:27	12:57	20:28	20:47
5	03:54	05:24	12:57	20:31	20:50
7	03:49	05:20	12:57	20:34	20:53
9	03:44	05:17	12:57	20:37	20:56
11	03:38	05:14	12:57	20:41	21:00
13	03:33	05:11	12:57	20:44	21:03
15	03:28	05:08	12:57	20:47	21:06
17	03:22	05:05	12:57	20:50	21:09
19	03:16	05:02	12:57	20:52	21:11
21	03:10	04:59	12:57	20:55	21:14
23	03:04	04:57	12:57	20:58	21:17
25	02:59	04:55	12:58	21:01	21:20
27	02:56	04:53	12:58	21:03	21:22
29	02:53	04:51	12:58	21:05	21:24
31	02:51	04:49	12:58	21:05	21:24

Qamar dar Agrab:
07:06 May-06 to 07:16 May-08

Imam Ali Reza ^{asws} says: May is the last month of spring.

Recommended: Early morning showers and to add lots of fresh vegetable to diet.

Avoid: Exercising on an empty stomach, salty foods, thick meat like beef and thick milk (drink).

JUNE – 2020

Shawwal / Zeeqad 1441

Mon	Islamic	Tue	Islamic	Wed	Islamic	Thu	Islamic	Fri	Islamic	Sat	Islamic	Sun	Islamic
1	9	2 🌙	10	3 🌙	11	4 🌙	12	5 🌙	13	6	14	7	15
8	16	9	17	10	18	11	19	12	20	13	21	14	22
15	23	16	24	17	25	18	26	19	27	20	28	21 🌙	29
22	30	23	Z.Qad	24	2	25	3	26	4	27	5	28	6
29 🌙	7	30 🌙	8										

15 Shahadat Imam Jafar-e-Sadiq ^{asws} **Z.Qad** Zahoor Syeda Masooma-e-Qum ^{asws}

Prayer Times for Gt. London (BST)

Jun	Fajar	Sunrise	Zuharain	Sunset	Maghrabain
1	02:50	04:48	12:58	21:09	21:28
3	02:49	04:47	12:59	21:11	21:30
5	02:48	04:46	12:59	21:13	21:32
7	02:47	04:45	12:59	21:14	21:33
9	02:46	04:44	13:00	21:16	21:35
11	02:45	04:43	13:00	21:17	21:36
13	02:45	04:43	13:01	21:19	21:38
15	02:44	04:42	13:01	21:20	21:39
17	02:43	04:42	13:01	21:20	21:39
19	02:42	04:43	13:02	21:21	21:40
21	02:42	04:43	13:02	21:22	21:41
23	02:43	04:44	13:03	21:22	21:41
25	02:43	04:44	13:03	21:22	21:41
27	02:44	04:45	13:03	21:22	21:41
29	02:46	04:47	13:04	21:21	21:40
30	02:46	04:47	12:01	21:21	21:40

🌙 Qamar dar Aqrab:
16:07 June-02 to 17:18 June-04
22:49 June-29 to 01:22 July-02

🌙 Lunar Eclipse : June 05 2020 @ 18:45 to 22:04 BST
🌞 Solar Eclipse: June 21 2020 @ 04:45 to 10:35 BST

Imam Ali Reza ^{asws} says: Blood cell production slows down (compared to Spring), mucus inflammation is also reduced but acidity increases.

Recommended: Make frequent use of fresh vegetables, i.e. cucumber, zucchini/courgettes, wet and watery fruits, goat's meat, chicken, grouse, partridge, dairy products and fresh (soft) fish.

Avoid: excessive exercise, fatigue and the use of fatty meat.

JULY – 2020

Zeeqad / Zilhajj 1441

Mon	Islamic	Tue	Islamic	Wed	Islamic	Thu	Islamic	Fri	Islamic	Sat	Islamic	Sun	Islamic
				1 	9	2 	10	3	11	4	12	5 	13
6	14	7	15	8	16	9	17	10	18	11	19	12	20
13	21	14	22	15	23	16	24	17	25	18	26	19	27
20	28	21	29	22	Zilhajj	23	2	24	3	25	4	26	5
27 	6	28 	7	29 	8	30	9	31	10				

11 Zahoore Imam Ali Raza ^{asws}

7 Shahadat Imam M.Baqir ^{asws}

9 Shahadat H.Muslim Bin Aqeel ^{asws}

29 Shahadat Imam M.Taqi ^{asws}

8 Safar Imam Hussain ^{asws} Mecca to Karbala

10 Eid-ul-Azha

Zilhajj Aqd-e-Syeda ^{asws}

Prayer Times for Gt. London (BST)

Jul	Fajar	Sunrise	Zuharain	Sunset	Maghrabain
1	02:47	04:48	13:04	21:21	21:40
3	02:50	04:49	13:04	21:20	21:39
5	02:53	04:51	13:05	21:19	21:38
7	02:57	04:53	13:05	21:18	21:37
9	03:02	04:55	13:05	21:16	21:35
11	03:07	04:57	13:06	21:15	21:34
13	03:12	04:59	13:06	21:13	21:32
15	03:17	05:01	13:06	21:11	21:30
17	03:21	05:04	13:06	21:09	21:28
19	03:24	05:07	13:06	21:06	21:25
21	03:27	05:09	13:06	21:04	21:23
23	03:30	05:12	13:06	21:01	21:20
25	03:33	05:15	13:06	20:58	21:17
27	03:36	05:18	13:06	20:55	21:14
29	03:39	05:20	13:06	20:52	21:11
31	03:42	05:23	13:06	20:49	21:08

 Qamar dar Aqrab:
22:49 June-29 to 01:22 July-02
04:13 July-27 to 07:26 July-29

 Lunar Eclipse : July 05 2020 @ 04:07 to 06:52 BST

Imam Ali Reza ^{asws} says: In July, the weather turns warmer.

Recommended: To have a little cold water upon the empty stomach. To eat herbs and vegetables, which are easily digestible. Diet intake similar to June. To smell fragrances and apply perfumed oils.

AUGUST – 2020

Zilhajj 1441 / Muharram 1442

Mon	Islamic	Tue	Islamic	Wed	Islamic	Thu	Islamic	Fri	Islamic	Sat	Islamic	Sun	Islamic
31	12									1	11	2	12
3	13	4	14	5	15	6	16	7	17	8	18	9	19
10	20	11	21	12	22	13	23	14	24	15	25	16	26
17	27	18	28	19	29	20	Muharram	21	2	22	3	23	4
24	5	25	6	26	7	27	8	28	9	29	10	30	11

15 Zahoor Imam Ali Naqi ^{asws}

22 Shahadat Sons of H. Muslim ^{asws}

10 Roz-e-Ashura

18 Eid-e-Ghadir & Rukhsati Pak Syeda ^{asws}

24 Eid-e-Mubahila & Zahoor Syeda Bint-e-Imam Hussain ^{asws}

12 Soyyam of Shuhada-e-Karbala

Prayer Times for Gt. London (BST)

Aug	Fajar	Sunrise	Zuharain	Sunset	Maghrabain
1	03:45	05:25	13:06	20:48	21:07
3	03:48	05:28	13:06	20:44	21:03
5	03:53	05:31	13:06	20:41	21:00
7	03:58	05:34	13:05	20:37	20:56
9	04:03	05:37	13:05	20:33	20:52
11	04:07	05:40	13:05	20:30	20:49
13	04:11	05:44	13:05	20:26	20:45
15	04:15	05:47	13:04	20:22	20:41
17	04:19	05:50	13:04	20:18	20:37
19	04:23	05:53	13:03	20:14	20:33
21	04:26	05:56	13:02	20:09	20:28
23	04:30	06:00	13:02	20:05	20:24
25	04:33	06:03	13:02	20:01	20:20
27	04:36	06:06	13:01	19:57	20:16
29	04:39	06:09	13:00	19:52	20:11
31	04:42	06:12	13:00	19:48	20:07

Qamar dar Aqrab:

10:17 August-23 to 12:50 August-25

Imam Ali Reza ^{asws} says: Moderate to gusty winds are one of the characteristics of this month with northerly wind flowing at the night. Cold, cough and flu become the epidemic in this month.

Recommended: To have easily digestible foods with use of diluted milk/yogurt and to smell cool perfumes.

Avoid: Fatigue and the use of laxatives (Jalab).

SEPTEMBER – 2020

Muharram / Safar 1442

Mon	Islamic	Tue	Islamic	Wed	Islamic	Thu	Islamic	Fri	Islamic	Sat	Islamic	Sun	Islamic
		1	13	2	14	3	15	4	16	5	17	6	18
7	19	8	20	9	21	10	22	11	23	12	24	13	25
14	26	15	27	16	28	17	29	18	30	19	Safar	20	2
21	3	22	4	23	5	24	6	25	7	26	8	27	9
28	10	29	11	30	12								

20 10th of Shuhada-e-Karbala

25 Shahadat Imam Zain-ul-Abideen ^{asws}

Safar Ahl Al-Bayt ^{asws} were brought to court of Yazid ^{la}

Qamar dar Aqrab:
18:34 September-19 to 19:33 September-21

Prayer Times for Gt. London (BST)

Sep	Fajar	Sunrise	Zuharain	Sunset	Maghrabain
1	04:44	06:14	12:59	19:45	20:04
3	04:47	06:17	12:59	19:41	20:00
5	04:50	06:20	12:58	19:36	19:55
7	04:53	06:23	12:57	19:32	19:51
9	04:57	06:27	12:57	19:27	19:46
11	05:00	06:30	12:56	19:23	19:42
13	05:03	06:33	12:55	19:18	19:37
15	05:06	06:36	12:55	19:14	19:33
17	05:09	06:39	12:54	19:09	19:28
19	05:13	06:43	12:53	19:04	19:23
21	05:16	06:46	12:53	19:00	19:19
23	05:19	06:49	12:52	18:55	19:14
25	05:22	06:52	12:51	18:50	19:09
27	05:25	06:55	12:50	18:46	19:05
29	05:29	06:59	12:50	18:41	19:00
30	05:30	07:00	12:49	18:39	18:58

Imam Ali Reza ^{asws} says: In September, the air becomes cold but (is still) refreshing.

Recommended: Eating sweets and the moderate use of lean meats, vegetables and easy to digest foods with a good aroma.

Avoid: The intake of beef and the excessive use of grilled/barbecue meat, as well as frequent bathing. Also some fruits, e.g., watermelon and cucumber.

OCTOBER – 2020

Safar / Rabi'ul Awwal 1442

Mon	Islamic	Tue	Islamic	Wed	Islamic	Thu	Islamic	Fri	Islamic	Sat	Islamic	Sun	Islamic
						1	13	2	14	3	15	4	16
5	17	6	18	7	19	8	20	9	21	10	22	11	23
12	24	13	25	14	26	15	27	16	28	17	29	18	R- Awwal
19	2	20	3	21	4	22	5	23	6	24	7	25	8
26	9	27	10	28	11	29	12	30	13	31	14		

13 Shahadat Syeda Masooma ^{asws} Bint-ul- Hussain ^{asws}

20 Chehlum of Shuhada-e-Karbala

28 Shahadat Prophet Muhammed ^{saww} & Imam Hassan ^{asws}

8 Shahadat Imam Hassan Askari ^{asws}

17 Shahadat Imam Ali Raza ^{asws}

24 Shahadat Syeda Ummul Musaib ^{asws}

5 Shahadat Syeda Masooma Qum ^{asws}

9 Eid-e-Shujah

Prayer Times for Gt. London (BST)

Oct	Fajar	Sunrise	Zuharain	Sunset	Maghrabain
1	05:32	07:02	12:49	18:37	18:56
3	05:35	07:05	12:48	18:32	18:51
5	05:39	07:09	12:48	18:28	18:47
7	05:42	07:12	12:47	18:23	18:42
9	05:45	07:15	12:47	18:19	18:38
11	05:49	07:19	12:46	18:14	18:33
13	05:52	07:22	12:46	18:10	18:29
15	05:55	07:25	12:45	18:06	18:25
17	05:59	07:29	12:45	18:02	18:21
19	06:02	07:32	12:44	17:57	18:16
21	06:06	07:36	12:44	17:53	18:12
23	06:09	07:39	12:44	17:49	18:08
25	05:13	06:43	11:44	16:45	17:04 C B
27	05:16	06:46	11:43	16:41	17:00
29	05:20	06:50	11:44	16:38	16:57
31	05:23	06:53	11:43	16:34	16:53



Qamar dar Agrab:

05:07 October-17 to 04:44 October-19

Imam Ali Reza ^{asws} says: In October, the winds are turbulent and the cold breeze in the morning starts to intensify.

Recommended: Adding some fat to the food and sour pomegranates, fruits after the meals, spiced meat and exercise.

Avoid: Blood-letting, reduce drinking water.

NOVEMBER – 2020

Rabi'ul Awwal / Rabi'ul Thani 1442

Mon	Islamic	Tue	Islamic	Wed	Islamic	Thu	Islamic	Fri	Islamic	Sat	Islamic	Sun	Islamic
30	14											1	15
2	16	3	17	4	18	5	19	6	20	7	21	8	22
9	23	10	24	11	25	12	26	13	27	14	28	15	29
16	30	17	R.Thani	18	2	19	3	20	4	21	5	22	6
23	7	24	8	25	9	26	10	27	11	28	12	29	13

17 Zahoor Prophet Muhammed ^{saww} & Imam Jafar Sadiq ^{asws}

26 Shahadat Hazrat Abu Talib ^{asws}

10 Zahoor Imam Hassan Askari ^{asws}

Prayer Times for Gt. London (BST)

Nov	Fajar	Sunrise	Zuharain	Sunset	Maghrabain
1	05:25	06:55	11:43	16:32	16:51
3	05:28	06:58	11:43	16:29	16:48
5	05:32	07:02	11:43	16:25	16:44
7	05:36	07:06	11:44	16:22	16:41
9	05:39	07:09	11:44	16:19	16:38
11	05:43	07:13	11:44	16:16	16:35
13	05:46	07:16	11:44	16:13	16:32
15	05:49	07:19	11:44	16:10	16:29
17	05:53	07:23	11:45	16:08	16:27
19	05:56	07:26	11:45	16:05	16:24
21	05:59	07:29	11:46	16:03	16:22
23	06:03	07:33	11:47	16:01	16:20
25	06:06	07:36	11:47	15:59	16:18
27	06:09	07:39	11:48	15:57	16:16
29	06:12	07:42	11:49	15:56	16:15
30	06:13	07:43	11:49	15:55	16:14

Qamar dar Aqrab:
16:20 November-13 to 15:48 November-15

Lunar Eclipse : November 30 2020 @ 07:32 to 11:54 BST

Imam Ali Reza ^{asws} says: In November, rain falls less frequently than the previous month.

Recommended: Cup of hot water every morning.

Avoid: drinking water at night, reduce on taking showers, hot vegetables like celery and the mint and the watercress and fatigue.

DECEMBER – 2020

Rabi'ul Thani / Jamadi'ul Awwal 1442

Mon	Islamic	Tue	Islamic	Wed	Islamic	Thu	Islamic	Fri	Islamic	Sat	Islamic	Sun	Islamic
		1	15	2	16	3	17	4	18	5	19	6	20
7	21	8	22	9	23	10	24	11	25	12	26	13	27
14	28	15	29	16	J- Awwal	17	2	18	3	19	4	20	5
21	6	22	7	23	8	24	9	25	10	26	11	27	12
28	13	29	14	30	15	31	16						

15 Shahadat Bint-e-Rasool Allah ^{asws} Syeda tu Nisa il Alameen ^{asws}

Prayer Times for Gt. London (BST)

Dec	Fajar	Sunrise	Zuharain	Sunset	Maghrabain
1	06:15	07:45	11:49	15:54	16:13
3	06:17	07:47	11:50	15:53	16:12
5	06:20	07:50	11:51	15:52	16:11
7	06:22	07:52	11:52	15:52	16:11
9	06:24	07:54	11:52	15:51	16:10
11	06:27	07:57	11:54	15:51	16:10
13	06:28	07:58	11:54	15:51	16:10
15	06:30	08:00	11:56	15:52	16:11
17	06:32	08:02	11:57	15:52	16:11
19	06:33	08:03	11:58	15:53	16:12
21	06:34	08:04	11:59	15:54	16:13
23	06:35	08:05	12:00	15:55	16:14
25	06:36	08:06	12:01	15:56	16:15
27	06:36	08:06	12:02	15:58	16:17
29	06:36	08:06	12:03	16:00	16:19
31	06:36	08:06	12:04	16:02	16:21



Qamar dar Aqrab:

02:00 December-11 to 02:40 December-13



Solar Eclipse:

December 14 2020 @ 13:33 to 18:54 BST

Imam Ali Reza ^{asws} says: In December cold weather persists with gusty winds.

Recommended: Hot foods.

Avoid: Cupping and blood-letting, cold food.

JANUARY – 2021

Jamadi'ul Awwal / Jamadi'ul Thani 1442

Mon	Islamic	Tue	Islamic	Wed	Islamic	Thu	Islamic	Fri	Islamic	Sat	Islamic	Sun	Islamic
								1	17	2	18	3	19
4	20	5	21	6	22	7	23	8	24	9	25	10	26
11	27	12	28	13	29	14	30	15	J- Thani	16	2	17	3
18	4	19	5	20	6	21	7	22	8	23	9	24	10
25	11	26	12	27	13	28	14	29	15	30	16	31	17

13 Shahadat Bibi Ummul Baneen ^{asws}

Prayer Times for Gt. London (BST)

Jan	Fajar	Sunrise	Zuharain	Sunset	Maghrabain
1	06:36	08:06	12:04	16:02	16:21
3	06:36	08:06	12:05	16:04	16:23
5	06:36	08:06	12:06	16:06	16:25
7	06:35	08:05	12:07	16:09	16:28
9	06:34	08:04	12:08	16:12	16:31
11	06:33	08:03	12:08	16:14	16:33
13	06:31	08:01	12:09	16:17	16:36
15	06:30	08:00	12:10	16:20	16:39
17	06:28	07:58	12:11	16:24	16:43
19	06:26	07:56	12:11	16:27	16:46
21	06:24	07:54	12:12	16:30	16:49
23	06:22	07:52	12:13	16:34	16:53
25	06:19	07:49	12:13	16:37	16:56
27	06:17	07:47	12:14	16:41	17:00
29	06:14	07:44	12:14	16:44	17:03
31	06:11	07:41	12:14	16:48	17:07

 Qamar dar Aqrab:
08:55 January-07 to 11:16 January-09

The 'سَبِيلِ اللَّهِ' (Way of Allah) is Ali^{asws} Ibn Abi Talib^{asws}:

Ibn babuwayh, from his father, from Sa'ad Bin Abdullah, from Muhammad Bin Al Husayn, from Muhammad Bin Sinan, from Amaar Bin Marwaan, from Mankhal, from Jabir, from

Abu Ja'far^{asws}, said, 'I asked him^{asws} about this Verse regarding the Words of Allah^{azwj} Mighty and Majestic **And whether you are slain in the Way of Allah or you die [3:157]**. He^{asws} said: 'Do you know what is the Way of Allah^{azwj}?' I said, 'No, by Allah^{azwj}, until I hear it from you^{asws}'. He^{asws} said: 'سَبِيلِ اللَّهِ' (The Way of Allah) is Ali^{asws} Bin Abu Talib^{asws} and his^{asws} descendants. The one who is killed in his^{asws} Wilayah has been killed in the Way of Allah^{azwj}, and the one who dies in his^{asws} Wilayah has died in the Way of Allah^{azwj}'. (معاني الأخبار: 1/167).