‘Epidemic – Protection and Cure’
# Table of Contents

‘Epidemic – Protection and Cure’ ........................................................................................................... 3

Summary.................................................................................................................................................. 3

Introduction: ........................................................................................................................................... 4

Supplication from Protection (during spreading of a Bug): ................................................................. 4

Cure when affected from a ‘Bug’ (Epidemic): ......................................................................................... 5

Supplication for Protection from ‘Bugs’ when Entry into a town......................................................... 6

Moving Away from the Epidemic: ......................................................................................................... 7

Wrath of Allah azwj: .............................................................................................................................. 8

Appendix I: Additional Ahadith on Cure from a Bug: ......................................................................... 9

Appendix II: Additional Ahadith on moving away from the epidemic .............................................. 11

## Abbreviations:

saww: - Sal lal la ho Allay hay Wa Aal lay he Wasallam
azwj: - Az Za Wa Jalla
asws: - Allay hay Salawat Wass Salam
AJF: - Ajal Allah hey wa Fara Jaak
ra: - Razi Allah azwj
La: - Laan Allah azwj
In the Name of Allahazwj the Beneficent, the Merciful. The Praise is for Allahazwj Lord of the Worlds, and Blessing be upon our Chief Muhammadasws and hisasws Purified Progenyasws, and greetings with abundant greetings.

اللهم صل على محمد وآل محمد وجعل مرضهم وأنع أعدانهم أجمعين

‘Epidemic – Protection and Cure’

Summary:

Epidemic or its devastation world-wide form pandemic or its incurable form – COVID-19 – is similar to deaths caused by plagues of previous centuries and is a trail for all inhabitants of the Earth. What shall one do? We present some Ahadith here in order to seek guidance from the Ahl Al-Baytasws, so that we act in the most positive and sensible manner. Why does it occur and how can we seek protection and cure? We open our discussion with a short Hadith.

(Imam) Zayn Al-Abideenasws was asked about the plague, ‘Should we disavow from the one who is afflicted with it, for it is a Punishment?’ Heasws said: ‘If he was disobedient, then disavow from him, whether he was afflicted with the plague or not, but if he was obedient to Allahazwj Mighty and Majestic, then the plague would be from what his sins are being purified by.

(1) Bihar Al Anwaar – V 6, The book of Justice, S 2, Ch 3 H 10
Introduction:

Some Ahadith of Masomeen asws, related to epidemic/pandemic/plague are presented for our guidance – consisting of the supplications, precautions and seeking cure.

Supplication from Protection (during spreading of a Bug):

مَُُِ مَدُِبْنُِيََْيََِعَنِْأَحَْْدَِبْنِِمَُُمَدِِبْنِِعِيسَىِعَنِْعَبْدِِالرَحَْْنِِبْنِِأَبِِِنََْرَانَِوَِابْنِِفَضَالٍِعَِنِْب َعْضِِأَصْحَابِنَاِعَنِْأَبِِِعَبْدِِاللَِِّ(ِ عليهِالسلامِ)ِقَالَِكَانَِي َقُولُِعِنْدَِالْعِلَةِ.

Muhammad Bin Yahya, from Ahmad Bin Muhammad Bin Isa, from Adul Rahman Bin Abu Najran and Ibn Fazzal, from one of our companions, from:

Abu Abduallah asws, ‘He asws used to say during (spreading of) a bug:

اللَّهُمَِإِنَكَِعَيََّْتَِأَق ْوَاماًِف َقُلْتَِقُلِِادْعُواِالَذِينَِزَعَمْتُمِْمِنِْدُونِهِِفَلاِيََْلِكُونَِِكَشْفَِالضُّر ِِعَنْكُمِْوَِلاِتََْوِيلاًِف َيَاِمَنِْلاَِيََْلِكُِكَشْفَِضُر ِيِوَِلاَِتََْوِيلَهُِعَنّ ِِأَحَدٌِغَيَُّْهُِصَل ِِعَلَىِمَُُمَدٍِوَِآلِِمَُُمَدٍِوَِاكْشِفِْضُر ِيِوَِحَو ِلْهُِإِلََِمَنِْ يَدْعُوِمَعَِكَِإِلَِاًِآخَرَِلاَِإِلَهَِغَيَُّْكَِ يَدْعُوُ مَعَكَ اِلَّهُ اَحَرْ لاَ إِلَّاَ إِلَىِغَيَُّْكَِ

‘O Allahazwj! Youazwj have criticised certain nations Saying: [17:56] Say: Call on those whom you assume (to be gods) besides Him, so they shall not control the removal of distress from you nor change it. So, O the One besides Whom no one can control the Removal of my distress nor change it, apart from Himazwj! Send Salawāt upon Muhammadasww and the Progenyasws of Muhammadasww and Remove my distress and Change it to the ones who are calling to a god along with Youazwj. There is no god other than Youazwj.’

عَنْهُِقَالَِوَِقَالَِأَبُوِعَبْدِِاللَِِّعالتُّفَاحُِي ُفَر ِجُِالْمَعِدَةَِوَِقَالَِكُلِِالتُّفَاحَِفَإِنَهُِيُطْفِئُِالَْْرَارَةَِوَِيُبَْ ِدُِالَْْوْفَِوَِيَذْهَبُِلُْْمَى

From him who said,

‘And Abu Abdullanhasws said: ‘The apple relieves the stomach’. And heasws said: ‘Eat the apple, for it extinguishes the heat, and cools down the interior (stomach), and does away with the fever’.

2 Al Kafi V 2 – The Book Of Supplication CH 56 H 1
And in another Hadith: ‘it (apple) Does away with the epidemic’.³

Cure when affected from a ‘Bug’ (Epidemic):

أَحْمَدُ بْنُ مُحَمَّدٍ عَنْ عَبْدِ الْعَزِيزِ بْنِ الْمُهْتَدِي، عَنْ يُونُسُ بْنِ عَبْدِ الْرَّحْمَنِ عَنْ يُزَيْيَرِ بْنِ زِبْيَةَ، قَالَ مُرْضَىٰ بِالْمَدِينةِ مَرْضًا شَدِيدًا فَبَلَغَ ذَلِكَ أَنَّ بِغَيْرِ اللَّهِ (ٍعَلَيْهِ السَّلَامُ) فَكَتَبَ إِلَيْهِ فَأَذَكَّرَهُ عَنْ صَفَا وَ عَلَىِّ فُطَائِكَ وَ انْثَرْ عَلَىَّ صَدْرِكَ كَيْفَما أَنْتُقْرَ وَ كَثِيرًا

Ahmad Bin Muhammad, from Abdul Aziz Bin Al Muhtady, from Yunus Bin Abdul Rahman, from Dawood Bin Zurby who said,

‘I fell sick at Al-Madina with an intense illness. So (the news of) that reached Abu Abdullahasws. So heasws wrote to me: ‘It has reached measws (news of) your illness. So buy a Sa’a (about 3kg) of wheat, then lie down upon your back and scatter (the wheat) upon your chest, as it is done and say,

أَنْتُحْيَيْنِي وَ أَنْتُعَافِيَنِي مِنْ عِلَمٍ

O Allahazwj! I ask Youazwj by Yourazwj Name Which, when Youazwj are asked with by a desperate one, it would Remove whatever he is with, from the harm, and (matters) are enabled for him in the earth, and Youazwj would Make him to Yourazwj Caliph upon Yourazwj creatures, that Youazwj (please) Send Salawat upon Muhammadasws and the Progenyasws of Muhammadasws, and that Youazwj (please) Grant me good health during my illness’.

ثَُُِاسْتَوِِجَالِساًِوَِاجَْْعِِالْبَُِْ

Then sit up straight, and gather the wheat from around you, and say similar to that, and distribute it, one Mudd (750 gms.), one Mudd to each poor one and say similar to that’.

Then Dawood (the narrator) said, ‘So I did that, and it was as if I was activated from inactivity, and someone else (also) had done it, and he benefited by it’.⁴

³ Al Mahaasin – V 2 Bk 3 H 889
Ali Bin Ibrahim, from his father, from Ibn Abū Umeyr, from Al Husayn Bin Nuaym,

(It has been narrated) from Abu Abdullah asws, said, ‘One of his asws sons complained to him asws, so he asws said: ‘O my asws son! Say,

اللهُمَّ اشْفِني بِشِفَاءِكَ وَدَاوَانِي بِدَوَائِكَ وَعَافِني مِنْ بَلاَئِكَ فَلَيْبَ عَبْدُكَ وَابْنُ عَبْدِكَ

‘O Allah azwj! Heal me with Your azwj Healing, and Cure me with Your azwj Cure, and Grant me good health from Your azwj affliction, for I am Your azwj servant and son of Your azwj servant’.

Muhammad Bin Yahya, from Ahmad Bin Muhammad, from Ali Bin Al Hakam, from Abdullah Bin Jundab, from Sufyan Bin Al Samt who said,

‘Abu Abdullah asws said to me: ‘The clean clothes suppress the enemy, and the oiling removes the anguish, and the combing for the head removes Al-Waba (epidemic)’. I said, ‘And what is Al-Waba?’ He asws said: ‘The fever. And combing the beard strengthens the teeth’.

Additional Ahadith on cure from a (spreading) bug are given in Appendix I.

Supplication for Protection from ‘Bugs’ when Entry into a town

عَنْهُِعَنِْأَبِيهِِعَمَنِْذَكَرَهُِعَنِْأَبِِِالَْْسَنِِمُوسَىِبْنِِجَعْفَرٍِعِعَنِْأَبِيهِِعِعَنِْجَد ِهِِعِقَالَِ

عَلِيُِّإِذَاِأَرَدْتَِمَدِينَةًِأَوِْق َرْيَةًِف َقُلِْحِينَِت ُِعَايِنُهَا.

From him, from his father, from the one who mentioned it,

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4 Al Kafi V 2 – The Book Of Supplication CH 56 H 2
5 Al Kafi V 2 – The Book Of Supplication CH 56 H 3
6 Al Kafi – V 6 – The Book of Outfits and the Beautification and the Magnanimity Ch 37 H 1
It has been narrated) from Abu Al-Hassan Musa\(\text{asws}\) Bin Ja’far\(\text{asws}\), from his\(\text{asws}\) father\(\text{asws}\), from his\(\text{asws}\) grandfather\(\text{asws}\) having said: ‘It was in the bequest of Rasool-Allah\(\text{saww}\) to Ali\(\text{asws}\). ‘O Ali\(\text{asws}\) Whenever you\(\text{asws}\) intend to go to a city or a town, so say when you see it:

\[
\text{اللَّهُمَِإِنّ ِِأَسْأَلُكَِخَيََّْهَاِوَِأَعُوذُِبِكَِمِنِْيَر ِهَاِاللَّهُمَِأَطْعِمْنَاِمِّنِْجَنَاهَاِوَِ أَعِذْنََِمِّنِْ وََِئِهَاِوَِحَب ِبْنَاِإِلََِأَهْلِهَاِوَِحَب ِبِْصَالِِْيِأَهْلِهَاِإِلَيْنَا}
\]

‘O Allah\(\text{azwj}\) ask You\(\text{asws}\) of its good and seek Refuge from its evil. O Allah\(\text{azwj}\) Feed us\(\text{asws}\) from its food and Shelter us\(\text{asws}\) from its epidemic, and Let its righteous ones endear us\(\text{asws}\).’

Moving Away from the Epidemic:

And I asked him\(\text{asws}\) about the epidemic occurring in the earth, is it correct for the man that he flees from it?’ He\(\text{asws}\) said; ‘He can flee from it for as long it has not occurred in his Masjid in which he prays Salat in. When it does occur among the people of his Masjid which he prays Salat in, then it is not correct for him to flee from it’.\(^8\) (An extract)

Ibn Al Mutawakkal, from Al Sa’ad Abady, from Al Barqy, from Ibn Mahboub, from Aasim Bin Hameed, from Ali Bin Al Mugheira who said,

‘I said to Abu Abdullah\(\text{asws}\), ‘The people happen to be in the city in which the death occurs (by plague). It is for them that they transfer from it to another?’ He\(\text{asws}\) said: ‘Yes’. I said, ‘It has reached us that Rasool-Allah\(\text{saww}\) faulted a people with that’.

He\(\text{asws}\) said: ‘Those were a category facing the enemy, so Rasool-Allah\(\text{saww}\) ordered them that they should stay in their places and not to transfer from it to somewhere else. When the death (by killing of enemies) occurred among them, they transferred from that place to

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\(^7\) Al Mahaasin – V 2 Bk 2 H 141, 374

\(^8\) Bihar Al Anwaar – V 10, The book of Argumentation, S 3 Ch 17 H 1
another, so their transfer from that place to another would (otherwise) have been like the fleeing from the army”.9

Additional Ahadith on moving away from the epidemic are given in Appendix II.

**Wrath of Allahazwj:**


Muhammad Bin Yahya raising it,

‘From Amir Al-Momineenasws having said: ‘A Prophetas from the Prophetsas supplicated against hisas people. It was said to himas, ‘Will their enemies overcome upon them?’ Heas said: ‘No’. It was said to himas, ‘The hunger?’ Heas said: ‘No’. It was said to himas, ‘Then what do youas want?’ Heas said: ‘A quick death grieving the heart and reducing the numbers’, so the plague was Sent upon them’.10

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9 Bihar Al Anwaar – V 6, The book of Justice, S 2, Ch 3 H 3
10 Bihar Al Anwaar – V 6, The book of Justice, S 2, Ch 3 H 7
Appendix I: Additional Ahadith on Cure from a Bug:

عَنْهُِعَنِْأَحَْْدَِبْنِِمَُُمَدِِبْنِِعِيسَىِعَنِْأَحَْْدَِبْنِِمَُُمَدِِبْنِِأَبِِِنَصْرٍِعَِ نِِالثُّمَالَِ ِِعَنِْأَبِِِجَعْفَرٍِ(ِعليهِالسلامِ)ِقَالَِإِذَاِايْتَكَىِالِْْنْسَانُِف َلْي َقُلْ.

From him, from Ahmad Bin Muhammad Bin Isa, from Ahmad Bin Muhammad Bin Abu Nasr, from Aban Bin Usman, from Al Sumal.

(It has been narrated) from Abu Ja'far asws having said: 'When a person has a complaint, so let him say,'

بِسْمِِاللَِِّوَِِِللَِِّوَِمَُُمَدٌِرَِسُولُٰاللَّٰهِ(ِصلىِاللهِعليهِوآلهِ)ِأَعُوذُِبِعِزَةِِاللَِِّوَِ أَعُوذُِبِقُدْرَةِِاللَِِّعَلَىِمَاِيَشَاءُِمِنِْيَر ِِمَاِأَجِدُِ

'In the Name of Allahazwj, and by Allahazwj, and Muhammad saww Rasool-Allahsaww! I seek Refuge by the Might of Allahazwj, and I seek Refuge with the Power of Allahazwj upon whatever Heazwj so Desires to from the evil of what I find'.

عليُِّبْنُِإِب ْرَاهِيمَِعَنِْأَبِيهِِعَنِْب َعْضِِأَصْحَابِهِِعَنِِالْقَدَاحِِعَنِِأَبِِِعَبْدِِاللَِِّ(ِعليهِالسلامِ)ِقَا

Ali Bin Ibrahim, from his father, from one of his companions, from Al Qaddah.

(It has been narrated) from Abu Abdullah asws having said: ‘Amir Al-Momineen asws said: ‘The Prophetaws lifted Hassan asws and Husayn asws and he saww said:

أُعِيذُكُمَاِبِكَلِمَاتِِاللَِِّالتَِامَاتِِوَِأَسَْْائِهِِالُْْسْنََِكُل ِهَاِعَامَةًِمِنِْيَر ِِالسَامَةِِوَِ

I saww seek Refuge for the both of you asws with the complete Words of Allahazwj and the all the Good General Names of Allahazwj, from the evil of the venomous (reptiles) and the insects, and from the evil of every eye bearing ill-will, and from the evil of every envious one'.

ثَُُِالْتَفَتَِالنَبُِِِّ(ِصلىِاللهِعليهِوآلهِ)ِإِلَي ْنَاِف َقَالَِهَكَِذَاِكَانَِي ُعَو ِذُِإِب ْرَاهِيمُِإِسَْْاعِيلَِوَِإِسْحَاقَِ(ِعليهمِالسلامِ)ِ.

Then the Prophet saww turned towards us and he saww said: 'This is how Ibrahim as used to seek Refuge for Ismail as and Is'haq as'.

11 Al Kafi V 2 – The Book Of Supplication CH 56 H 13
Muhammad Bin Yahya, from Ahmad Bin Muhammad Bin Bukeyr, from Suleyman Al Ja’fary who said,

‘I heard Abu Al-Hassan\textsuperscript{asws} saying: ‘When it is evening, so look towards the sun during the setting and disappearing, so say,

\begin{quote}
\textit{بِسْمِِاللَِِّوَِِِللَِِّوَِالَْْمْدُِللَِِِّالَذِيِيَصِفُِوَِلاَِيُوصَفُِوَِي َعْلَمُِوَِلاَِي ُعْلَمُِي َعْلَمُِخَائِنَةَِالَِْعْينُِِوَِمَاِتُُْفِيِالصُّدُورُِوَِأَعُوذُِبِوَجْهِِاللَِِّالْكَرِيمِِوَِِِسْمِِاللَِِّالْعََِيمِِمِنِْيَر ِِمَاِبَطَنَِوَِظَهَرَِوَِمِنِْيَر ِِمَِاِ}
\end{quote}

And the Praise is for Allah\textsuperscript{azwj} Who Describes while He\textsuperscript{azwj} cannot be described, and He\textsuperscript{azwj} Knows while He\textsuperscript{azwj} cannot be known. He\textsuperscript{azwj} Knows the betrayal of the eyes and what the chests conceal. And I seek Refuge by His\textsuperscript{azwj} Benevolent Face, and by the Magnificent Name of Allah\textsuperscript{azwj}, from the evil of what is spread and inseminated, and from the evil of what is beneath the ground, and from the evil of what is hidden and apparent, and from the evil of what can be described and what cannot be described. And the Praise is for Allah\textsuperscript{azwj}, Lord\textsuperscript{azwj} of the worlds. (an extract)\textsuperscript{13}

\textsuperscript{12} Al Kafi V 2 – The Book Of Supplication CH 57 H 3
\textsuperscript{13} Al Kafi V 2 – The Book Of Supplication CH 57 H 4
Appendix II: Additional Ahadith on moving away from the epidemic

And by this chain, from Ibn Mahboub, from Jameel Bin Salih, from Abu Maryam,

(It has been narrated) from Abu Ja'far asws regarding Hisazwj Words [105:3] And send down (to prey) upon them birds in flocks, so heasws said: ‘They were the people of a city which was at the coast of the sea to the east in what is between Al-Yamama and Al-Bahrain, frightening upon the way, and coming to the evil. So Allahazwj Sent bird upon them, which came to them from the sea. Their heads were like the heads of the predators, and their claws were like the claws of the predatory birds. With every bird were three stones, two stones in their claws, and a stone in its beak. So they went on to pelt these until their bodies became blistered.

Thus, Allahazwj Killed them by it, and there was not seen before that anything from those birds, nor anything from such blisters; and the ones who escaped from them, went away until they reached Hazramout, a valley at Yemen.

Allahazwj the High Sent against them a torrent, so they were drowned. And there had not been seen in that valley before that, therefore it was due to that is has been named as Hazramout, there they had died’.14

With, a companion of the Prophet (pbuh) Al Waleed, Al Saffar, Ahmad Bin Muhammad, from his father, Fazalat, from Aban Al Ahmar who said,

‘One of our companions asked Abu Al-Hassanasws, ‘About the plague occurring in a city and I am in it, should I transfer from it?’ Heasws said: ‘Yes’. He said, ‘In the township and I am in it, should I transfer from it?’ Heasws said: ‘Yes’. He said, ‘In the house and I am in it, should I

14 ILLAL AL SHARAIE – V 2 Ch 297 H 2
transfer from it?’ He\textsuperscript{asws} said: ‘Yes’. I said, ‘But we are narrating that Rasool-Allah\textsuperscript{saww} said: ‘The fleeing from the plague is like fleeing from the army’.

It is reported by Ali son of Ja'far\textsuperscript{asws} in ‘Kitab Al Masail’, from his brother\textsuperscript{asws} Musa\textsuperscript{asws}, said, ‘I asked him\textsuperscript{asws}, The epidemic occurring in the land, is it correct for the men that they flee from it?’ He\textsuperscript{asws} said: ‘He would flee from it for as long as it did not occur in his Masjid in which he prays Salat in. So, when it does occur in his Masjid in which he prays \textit{Salat} in, then it is not correct for the fleeing from it’’.\footnote{Bihar Al Anwaar – V 6, The book of Justice, S 2, Ch 3 H 4}

\begin{itemize}
  \item Ja'far Bin Ali Bin Ahmad, from Al Hassan Bin Muhammad Bin Ali, from Muhammad Bin Umar Bin Abdul Aziz, from the one who heard Al Hassan Bin Muhammad Al Nowfaly,
  \item ‘From Al-Reza\textsuperscript{asws} having said: ‘A people from the children of Israel fled from their city from the plague, and they were thousands weary of death. So, Allah\textsuperscript{azwj} Caused them to die in one moment. So, the people of that town deliberated and made a big hall for them, and they did not cease to be in it until their bones crumbled and they became dust.

A Prophet\textsuperscript{as} from the Prophets\textsuperscript{as} of the children of Israel passed by them and he wondered from them and from the lots of worn out bones. So, Allah\textsuperscript{azwj} Revealed unto him\textsuperscript{as}: “Would you\textsuperscript{as} like it if \textit{I}\textsuperscript{azwj} were to Revive them for you\textsuperscript{as}, and you\textsuperscript{as} warn them?” He\textsuperscript{as} said: ‘Yes, O Lord\textsuperscript{azwj}’.
\end{itemize}

\footnote{Bihar Al Anwaar – V 6, The book of Justice, S 2, Ch 3 H 5}
Allahazwj Mighty and Majestic Revealed: “Call out to them!” Heasws said: ‘O you worn out bones! Arise by the Permission of Allahazwj Mighty and Majestic!’ They arose alive altogether, clearing the dust from their heads’.  

The number (of reporters), from Sahl, from Ibn Mahboub, from Umar Bin Yaaeed, and someone else,

‘From Abu Abdullahasws, and one of them from Abu Ja’farasws regarding the Words of Allahazwj Mighty and Majestic: Have you not seen those who exited from their homes fearing death, and they were thousands, so Allah Said to them: “Die!” Then He Revived them [2:243]. Heasws said: ‘These were city folk from the cities of Syria, and there were seventy thousand households, and plague used to occur among them every time. So, whenever they sensed it, the rich ones would exit the city due to their (financial) strength and the poor would remain due to their (financial) weakness.

So, the death occurred mostly among those who would remain and less among those who went out. So those who left said, ‘Had we been of those who remained, death would have been frequent among us’. And those who remained said, ‘Had we been of those who went out, death would have been less among us’.

Heasws said: ‘So they formed a consensus of their opinions that whenever they would sense the plague occurring among them, all of them would go out from the city. When they sensed the plague affecting them, all of them went out and took precaution against the death.

17 Bihar Al Anwaar – V 6, The book of Justice, S 2, Ch 3 H 6
So, they travelled in the countryside for as long as Allahazwj so Desired. Then they passed by a city which was in ruins and its inhabitants had all left, being destroyed by the plague. So, they encamped there, and settled their belongings being reassured by it. Allahazwj Said to them: “All of you die!” They all died at that instant and became decayed. The passers-by passed by and collected their ashes (remains) and gathered them in one place.

Then a Prophetas from the Prophetsas of the Children of Israel passed by them, whoseas name was Hizkeelas. So, when heas saw those bones, heas wept and reflected upon it and said: ‘O Lordazwj! If Youazwj so Wish, Youazwj can Revive them instantly, just as Youazwj Caused them to die, so they would then inhabit Yourazwj Country, and bear Yourazwj servants who would worship Youazwj along with those from Yourazwj creatures who worship Youazwj’.

So Allahazwj the Exalted Revealed unto himas: “Is that what youas would like to happen?” Heas said: ‘Yes, O Lordazwj! Revive them’. So Allahazwj Revealed unto himas; “Say such and such”. So heas said that which Allahazwj Mighty and Majestic had Commanded himas to say’. (An extract)18

Abu Abdullahasws said: ‘And it was the Great Name (Al-Ism Al-Aazam). When Hizkeelas said that Word, heas saw the bones flying towards each other. So, they came back alive. Some of them looked at the others Glorifying Allahazwj and Exclaiming Hisazwj Greatness and Extolling Hisazwj Holiness. So Hizkeelas said during that: ‘as hereby testify that Allahazwj has Power over all things’.

Umar Bin Yazeed (the narrator) said, ‘Abu Abdullahasws said: ‘This Verse was Revealed regarding them’’.19

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18 Bihar Al Anwaar – V 6, The book of Justice, S 2, Ch 3 H 9
19 H. 9, referring to Al-Kafi.