

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ, وَ صَلَّى اللَّهُ عَلَى سَيِّدِنَا مُحَمَّدٍ وَ آلِهِ الطَّاهِرِينَ, وَسَلَّم تَسْلِيمًا.

In the Name of Allah^{azwj} the Beneficent, the Merciful. The Praise is for Allah^{azwj} Lord^{azwj} of the Worlds, and Blessing be upon our Chief Muhammad^{saww} and his^{saww} Purified Progeny^{asws}, and greetings with abundant greetings.

Imam^{asws} showed how to offer Salat:

عَلِيُّ بْنُ إِبْرَاهِيمَ عَنْ أَبِيهِ عَنْ حَمَّادِ بْنِ عِيسَى قَالَ قَالَ لِي أَبُو عَبْدِ اللَّهِ (عليه السلام) يَوْمًا يَا حَمَّادُ تُحْسِنُ أَنْ تُصَلِّيَ قَالَ فَقُلْتُ يَا سَيِّدِي أَنَا أَخْضَعُ كِتَابَ حَرِيرٍ فِي الصَّلَاةِ فَقَالَ لَا عَلَيْكَ يَا حَمَّادُ ثُمَّ فَصَلَ قَالَ فَعُمْتُ بَيْنَ يَدَيْهِ مُتَوَجِّهًا إِلَى الْقِبْلَةِ فَاسْتَقَمْتُ الصَّلَاةَ فَرَكَعْتُ وَ سَجَدْتُ فَقَالَ يَا حَمَّادُ لَا تُحْسِنُ أَنْ تُصَلِّيَ مَا أَقْبَحَ بِالرَّجُلِ مِنْكُمْ يَأْتِي عَلَيْهِ سِتُونَ سَنَةً أَوْ سَبْعُونَ سَنَةً فَلَا يَقِيمُ صَلَاةً وَاحِدَةً بِخُدُودِهَا تَامَةً قَالَ حَمَّادُ فَأَصَابَنِي فِي نَفْسِي الدُّلُّ فَقُلْتُ جُعِلَتْ فِدَاكَ فَعَلَّمَنِي الصَّلَاةَ فَقَامَ أَبُو عَبْدِ اللَّهِ (عليه السلام) مُسْتَقْبِلَ الْقِبْلَةِ مُنْتَصِبًا فَأَرْسَلَ يَدَيْهِ جَمِيعًا عَلَى فَخْذَيْهِ قَدْ ضَمَّ أَصَابِعَهُ وَ قَرَّبَ بَيْنَ قَدَمَيْهِ حَتَّى كَانَ بَيْنَهُمَا قَدْرُ ثَلَاثِ أَصَابِعٍ مُنْفَرَجَاتٍ وَ اسْتَقْبَلَ بِأَصَابِعِ رِجْلَيْهِ جَمِيعًا الْقِبْلَةَ لَمْ يُحَرِّفْهُمَا عَنِ الْقِبْلَةِ وَ قَالَ بِخُشُوعٍ اللَّهُ أَكْبَرُ ثُمَّ قَرَأَ الْحَمْدَ بِتَرْتِيلٍ وَ قُلَ هُوَ اللَّهُ أَحَدٌ ثُمَّ صَبَرَ هُنَيْئَةً بِقَدْرِ مَا يَتَنَفَّسُ وَ هُوَ قَائِمٌ ثُمَّ رَفَعَ يَدَيْهِ حِيَالَ وَجْهِهِ وَ قَالَ اللَّهُ أَكْبَرُ وَ هُوَ قَائِمٌ ثُمَّ رَكَعَ وَ مَلَأَ كَفَيْهِ مِنْ رُكْبَتَيْهِ مُنْفَرَجَاتٍ وَ رَدَّ رُكْبَتَيْهِ إِلَى خَلْفِهِ حَتَّى اسْتَوَى ظَهْرُهُ حَتَّى لَوْ صَبَّ عَلَيْهِ فَطْرَةٌ مِنْ مَاءٍ أَوْ دُهْنٍ لَمْ تَزُلْ لِاسْتِوَاءِ ظَهْرِهِ وَ مَدَّ عُنُقَهُ وَ غَمَضَ عَيْنَيْهِ ثُمَّ سَبَّحَ ثَلَاثًا بِتَرْتِيلٍ فَقَالَ سُبْحَانَ رَبِّيَ الْعَظِيمِ وَ بِحَمْدِهِ ثُمَّ اسْتَوَى قَائِمًا فَلَمَّا اسْتَمَكَ مِنَ الْقِيَامِ قَالَ سَمِعَ اللَّهُ لِمَنْ حَمِدَهُ ثُمَّ كَبَّرَ وَ هُوَ قَائِمٌ وَ رَفَعَ يَدَيْهِ حِيَالَ وَجْهِهِ ثُمَّ سَجَدَ وَ بَسَطَ كَفَيْهِ مَضْمُومَتِي الْأَصَابِعِ بَيْنَ يَدَيْ رُكْبَتَيْهِ حِيَالَ وَجْهِهِ فَقَالَ سُبْحَانَ رَبِّيَ الْأَعْلَى وَ بِحَمْدِهِ ثَلَاثَ مَرَّاتٍ وَ لَمْ يَضَعْ شَيْئًا مِنْ جَسَدِهِ عَلَى شَيْءٍ مِنْهُ وَ سَجَدَ عَلَى ثَمَانِيَةِ أَعْظُمِ الْكَفَّيْنِ وَ الرُّكْبَتَيْنِ وَ أَنْامِلِ إِبْهَامِي الرَّجْلَيْنِ وَ الْجَبْهَةِ وَ الْأَنْفِ وَ قَالَ سَبْعَةٌ مِنْهَا فَرَضٌ يُسَجَدُ عَلَيْهَا وَ هِيَ الَّتِي ذَكَرَهَا اللَّهُ فِي كِتَابِهِ فَقَالَ وَ أَنَّ الْمَسَاجِدَ لِلَّهِ فَلَا تَدْعُوا مَعَ اللَّهِ أَحَدًا وَ هِيَ الْجَبْهَةُ وَ الْكَفَّانِ وَ الرُّكْبَتَانِ وَ الْإِبْهَامَانِ وَ وَضَعَ الْأَنْفَ عَلَى الْأَرْضِ سَنَةً ثُمَّ رَفَعَ رَأْسَهُ مِنَ السُّجُودِ فَلَمَّا اسْتَوَى جَالِسًا قَالَ اللَّهُ أَكْبَرُ ثُمَّ قَعَدَ عَلَى فَخْذِهِ الْأَيْسَرِ وَ قَدْ وَضَعَ ظَاهِرَ قَدَمِهِ الْأَيْمَنِ عَلَى بَطْنِ قَدَمِهِ الْأَيْسَرِ وَ قَالَ أَسْتَغْفِرُ اللَّهَ رَبِّي وَ أَتُوبُ إِلَيْهِ ثُمَّ كَبَّرَ وَ هُوَ جَالِسٌ وَ سَجَدَ السَّجْدَةَ الثَّانِيَةَ وَ قَالَ كَمَا قَالَ فِي الْأَوَّلَى وَ لَمْ يَضَعْ شَيْئًا مِنْ بَدَنِهِ عَلَى شَيْءٍ مِنْهُ فِي رُكُوعٍ وَ لَا سُجُودٍ وَ كَانَ مُجَنِّحًا وَ لَمْ يَضَعْ ذِرَاعِيهِ عَلَى الْأَرْضِ فَصَلَّى رُكْعَتَيْنِ عَلَى هَذَا وَ يَدَاهُ مَضْمُومَتَا الْأَصَابِعِ وَ هُوَ جَالِسٌ فِي التَّشَهُّدِ فَلَمَّا فَرَغَ مِنَ التَّشَهُّدِ سَلَّمَ فَقَالَ يَا حَمَّادُ هَكَذَا صَلِّ .

Ali ibn Ibrahim has narrated from his father from Hammad ibn 'Isa who has said the following:

"Abu' Abd Allah^{asws} one day asked me, 'Do you know how to perform Salat properly?' I said: 'I keep the book of Hariz with me in Salat.' The Imam^{asws} said: 'Never mind, O Hammad. Stand up and perform Salat.' The narrator has said: 'I then stood up in his^{asws} presence, facing the direction of Qiblah (Makkah). I began performing Salat, with Ruku' and Sajdah.' Imam^{asws} then said: 'O Hammad, you do not know how to perform Salat properly. It is a shame for a man of your people who at the age of sixty or seventy cannot even perform one Salat according to its complete rules and manners.'

Hammad has said: 'I belittled myself very much at this point. I then asked Imam^{asws} saying, "I pray to Allah^{azwj} to keep my soul in service for your cause teach me how to perform Salat properly.'

Abu 'Abd Allah^{asws} stood up straight facing the direction of Qiblah. Imam^{asws} allowed his hands to rest on his thighs, with his fingers close side by side, kept his feet near each other, only leaving between them a distance of three fingers opened up, with his toes facing the direction of Qiblah without allowing them to deviate from this direction and with humbleness said: 'Allah is Great.'

Imam^{asws} then recited al-Hamd (the first Chapter of the Holy Quran) with clarity and fluency and Chapter 112 (Qul ho Wallah ho Ahad) of the Holy Quran. Imam^{asws} then paused for a breath while still standing and raised his hands up to the sides of his face and said: 'Allah is Great,' while still.

Imam^{asws} then bent down for Ruku' (kneeling). Imam^{asws} then placed his palms over his knees allowing them to be filled up with his knees that were separate from each other, and pressed them backward until his back became so straight level that even had there been a drop of water or oil it would not flow to any side. He stretched his neck forward, lowered his eyes and then said with clarity and fluency **three times**, 'I praise my Allah, the Great, Who is free of all defects.' Imam^{asws} then stood up straight. While standing straight Imam^{asws} said: 'Allah hears all those who praise Him.' Imam^{asws} then while standing raised his hands up to the sides of his face and said: 'Allah is Great.'

Then Imam^{asws} bowed down for sajdah. Imam^{asws} opened his palms with his fingers close side by side, placed them near his knees on the sides next to his face and said: 'I praise my Allah, the most High who is free of all defects,' **three times**. He did not place any other part of his body on any other part thereof. He performed sajdah on eight parts of his^{asws} bones: his palms, knees, big toes of his feet, his forehead and his nose. The Imam^{asws} said: 'Placing seven parts of these bones on the ground is obligatory during sajdah but one of them (the nose) is not obligatory. This is what Allah^{azwj} has spoken of in the Quran, ***"The parts of the body to be placed on the ground during sajdah belong to Allah, you then must not worship anyone other than Allah"* (72: 17)**. Such parts are forehead, palms, knees and big toes of feet. Placing one's nose on the ground is optional.'

Imam^{asws} then raised his head from sajdah. When he sat up straight, Imam^{asws} then said: 'Allah is Great.' Imam^{asws} then sat on his left thigh placing the back of his right foot over the sole of his left foot and then said: 'I seek forgiveness from Allah^{azwj}, my Allah^{azwj} and turn to Him^{azwj} in repentance.' Imam^{asws} then said: 'Allah is Great.' Then he^{asws} bowed down for the second sajdah, saying therein what Imam^{asws} had said in the first sajdah.

Imam^{asws} did not place any other part of his body on any other part during Ruku' or sajdah. Imam^{asws} spread his elbows and did not place his^{asws} arms on the ground. In this way, Imam^{asws} performed two Rakaats of Salat. Imam^{asws} kept the fingers of his hands close side

by side when reciting Tashud¹ in a sitting position. When Imam^{asws} finished saying the Tashud, Imam^{asws} then read Salam and said: 'O Hammad, you must perform Salat like this.'²

(For more Ahadith on supplications see, Al-Kafi, Vol. 3,

<https://www.hubeali.com/alkafivol3/>)

¹ Giving Testimonies.

² Al-Kafi, Vol. 3. h,8