

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ، وَ صَلَّى اللَّهُ عَلَى سَيِّدِنَا مُحَمَّدٍ وَ آلِهِ الطَّاهِرِينَ، وَسَلَّم تَسْلِيمًا.

In the Name of Allah<sup>azwj</sup> the Beneficent, the Merciful. The Praise is for Allah<sup>azwj</sup> Lord<sup>azwj</sup> of the Worlds, and Blessing be upon our Chief Muhammad<sup>saww</sup> and his<sup>saww</sup> Purified Progeny<sup>asws</sup>, and greetings with abundant greetings.

### Sajdah-e-Shukar (Prostration of Thanks):

عن علي بن الحسين (عليهما السلام)، انه كان يقول في سجدة الشكر يضع خده الايمن على الارض ويقول

It is narrated from Ali<sup>asws</sup> bin Al-Hussain<sup>asws</sup>: When performing 'Prostration of Thanks' Put down your right cheek on the floor and recite:-

اَللّٰهُمَّ لَا تَسْلُبْنِيْ مَا اَنْعَمْتَ بِهِ، عَلَيَّ مِنْ وَلَايَتِكَ، وَوَلَايَةِ مُحَمَّدٍ وَآلِ مُحَمَّدٍ (عليه وعليهم السلام)

Ya Allah<sup>azwj</sup> do not take away from me, what You<sup>azwj</sup> have Bestowed onto me, - Your<sup>azwj</sup> Wilayat and Wilayat of Muhammad<sup>saww</sup> and Family<sup>asws</sup> of Muhammad<sup>saww</sup>.

ثم يضع خده الايسر على الارض، ويقول مثل ذلك هذا

Then put down your left cheek on the floor and reiterate the above.<sup>1</sup>

حدثنا محمد بن ابراهيم بن اسحاق الطالقاني رضى الله عنه قال: حدثنا احمد بن محمد بن سعيد الكوفي قال حدثنا علي بن الحسن بن علي بن فضال، عن أبي الحسن الرضا (ع) قال: السجدة بعد الفريضة شكرا لله تعالى ذكره على ما وفق العبد من اداء فرضه وادنى ما يجزى فيها من القول ان يقال شكرا لله شكرا لله ثلاث مرات، قلت: فما معنى قوله شكرا لله؟ قال: يقول هذه السجدة منى شكرا لله على ما وفقني له من خدمته واداء فرضه والشكر موجب للزيادة فان كان في الصلاة تقصير تم بهذه السجدة.

Muhammad Bin Ibrahim Bin Is'haq Al Talaqany narrated to us, from Ahmad Bin Muhammad Bin Saeed Al Kufy, from Ali Bin Al Hassan Bin Ali Bin Fazaal,

Abu Al-Hassan Al-Reza<sup>asws</sup> has said: 'The Prostration after the Obligatory, is for thanking Allah<sup>azwj</sup>, Elevated is His<sup>azwj</sup> Mention, upon what the servant was inclined towards from the fulfilment of his Obligatory (Prayer) and the lowest of what suffices with regards to it from the speech is that he should say, 'Thanks be to Allah<sup>azwj</sup>! Thanks be to Allah<sup>azwj</sup>! – three times'. I said, 'So what is the Meaning of his words, 'Thanks be to Allah<sup>azwj</sup>?' He<sup>asws</sup> said: 'He would be saying, 'This is the Prostration from me, as thanks to Allah<sup>azwj</sup> upon what He<sup>azwj</sup> has Inclined me towards from serving Him<sup>azwj</sup>, and fulfilling His<sup>azwj</sup> Obligations'; and the thanks

<sup>1</sup> مستدرک الوسائل (Mustadarak ul Wasail), Vol-5 Page-134

Obligates the increase, so if there was any deficiency in the Prayer, it would be completed by this Prostration'.<sup>2</sup>

مُحَمَّدُ بْنُ يَحْيَى وَ أَحْمَدُ بْنُ إِدْرِيسَ عَنْ مُحَمَّدِ بْنِ أَحْمَدَ عَنْ عَلِيِّ بْنِ مُحَمَّدٍ الْقَاسَانِيِّ عَنْ مُحَمَّدِ بْنِ عِيسَى عَنْ سُلَيْمَانَ بْنِ حَفْصِ الْمَرْزُوقِيِّ قَالَ كَتَبَ إِلَيَّ الرَّجُلُ ( صلوات الله عليه ) فِي سَجْدَةِ الشُّكْرِ مِائَةً مَرَّةً شُكْرًا شُكْرًا وَ إِن شِئْتَ عَفْوًا عَفْوًا .

Muhammad Bin Yahya and Ahmad Bin Idrees, from Muhamad Bin Ahmad, from Ali Bin Muhammad Al Qasany, from Muhammad Bin Isa, from Suleyman Bin Hafs Al Marouzy who said,

'A man<sup>asws</sup> wrote to me: 'In the *Sajdah*-e-Shukar (prostration of gratefulness), (say) one hundred times, 'Thanks! Thanks!', and if you so desire to, 'Pardon! Pardon!'<sup>3</sup>

<sup>2</sup> ILLAL AL SHARAIE – V 2 Ch 79 H 1

<sup>3</sup> Al Kafi V 3 – The Book of Salāt CH 32 H 20